

**DIPLOMA**

**BOTH SIDES ALIKE**



Patron: HRH The Duchess of Cornwall  
President: HRH The Duchess of Gloucester



**BOTH SIDES ALIKE** = A variety of stitches including stem and split stitch, satin and long and short stitch, to be worked in no. 8 perle cotton thread on a banner silk. The front and the back of the work are identical. This technique was and still is used for regimental colours.

**OBJECTIVE** - To work a Both Sides Alike embroidery using the design provided, demonstrating an understanding of the technique.

**OUTCOME** – A Both Sides Alike embroidery demonstrating an accomplished skill level in the application of the stitches.

**DESIGN** – a regimental design is provided depicting the following elements:

- Laurel leaves
- thistle head and leaf
- rose and rose leaves.

**MATERIALS**

- Banner silk provided by the RSN
- No 8 Perle provided by the RSN

**EQUIPMENT**

- 24” or 18” Slate frame.
- Needles: No. 7/8 crewel needles.
- No. 9, 10, 12 embroidery needles

**WHAT THAT THE ASSESSORS WILL BE LOOKING FOR:**

1. Cleanliness & presentation 10/10

The banner silk should be clean with no signs of “bruising”. No paint lines should be visible.

2. Condition and tension 10/10

The stitches should not be fluffy or worn. The stitches should be worked with an even tension.

3. Stitch presentation 10/10

The twist of the perle is maintained and regular throughout. The stitches are not split on the reverse.

4. Starting and finishing off threads 10/10



The start and finish of the threads do not protrude and are not visible between the stitches.

**4. Padding 10/10**

The padding is smooth. The padding on the petals gradually falls away with no obvious drops in height.

**5. Edges 10/10**

The edges of the embroidery are even and smooth with no stitches jutting out.

**6. Stem stitch and split stitch 10/10**

The stem stitch is even. The stem stitch on the back is not stitched into. The split stitch is even, short and not too long.

**7. Satin stitch 10/10**

The satin stitches sit next to each other and do not overlap; satin stitches are not stitched into on the back. The angles should flow around the shapes.

**8. Long and short 10/10**

The long and short stitches sit next to each other and do not overlap; long and short stitches are not stitched into on the back. There are no gaps in the stitches.

**9. Flicks and woven rose centre 10/10**

The flicks are the same length and evenly spread apart. The rose centre is round, not out of shape, and evenly woven.

**10. Mounting 10/10**

The banner silk is taught and on the grain in the card mounts. (Students have not cut the card mounts)

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